

My White Privilege and The Grey Area



Learning to stay with difficult conversations about race when it gets uncomfortable

Part of changing racial inequity is getting accustomed to discomfort. The kind of discomfort that makes your skin crawl and palms sweat. The kind that can shut you down completely or make you launch into endless defenses. Yet the truth is, this level of discomfort is a hallmark of true transformation. In this program, Emily shares the very personal and vulnerable story of her resistance and fear of talking to students groups about her white privilege. She openly works through how to manage defensiveness and uncover hidden privileges so that we can continue to move the needle on equity. This is Emily's story of discomfort and what her journey with white privilege is teaching her.

Objectives:

- A call to action to lean into the discomfort of conversations about race
- To cultivate awareness of the emotions that accompany transformative conversations about privilege
- To provide some tips around getting out of defensive reactions

Program logistics:

Keynote: 45 min

Supportive programming: Small group discussions with Emily following the program are recommended

Fee: Negotiable

